

# Southeast Missouri Swim Conference Championship Meet July 19, 2014

Hosted by the River City Aquatics Team  
Central Municipal Pool  
1920 Whitener, Cape Girardeau, MO 63701

## Facility:

Cape Central Pool is 25 yards by 50 meters. It is equipped with a Colorado fully-automatic timing system with a horn start. Continuous warm-up/warm-down space is provided during the competition. Ten lanes (SCY) will be used for competition.

## Directions:

From I-55/Exit 96/Route K: Head east off the exit (also known as William Street). After approximately 1.5 miles, turn left at Kings highway and go north. Turn right at the next stoplight (Independence). Go approximately two blocks and turn left on Clark Street. After turning on Clark Street, the pool is off to the right. A map to the pool from I-55 is available at <http://tinyurl.com/centralpool>.

## Eligibility:

Open to all AAU-registered swimmers of the SMSC Conference who have met the following requirements:

- and**
1. Swam in at least 3 SMSC meets during the 2014 summer schedule
  2. Swam in at least 9 events (individual or relay) during the 2014 summer schedule

## Contacts:

|                        |               |              |  |
|------------------------|---------------|--------------|--|
| Meet Director:         | Joe Bening    | 573-275-1625 | <a href="mailto:jbening@rivercityaquatics.org">jbening@rivercityaquatics.org</a> |
| Entry Director:        | Jason Cravens | 314-719-6618 | <a href="mailto:swimpst@gmail.com">swimpst@gmail.com</a>                         |
| Meet Referee:          | Dan Rau       | 573-335-9300 | <a href="mailto:saxonyswimcoach@hotmail.com">saxonyswimcoach@hotmail.com</a>     |
| Officials Coordinator: | Dan Rau       | 573-335-9300 | <a href="mailto:saxonyswimcoach@hotmail.com">saxonyswimcoach@hotmail.com</a>     |
| Safety Marshall:       | Joe Bening    | 573-275-1625 | <a href="mailto:jbening@rivercityaquatics.org">jbening@rivercityaquatics.org</a> |

## Rules:

Current SMSC Swimming rules shall govern the meet. All swimmers who are not accompanied by an SMSC registered coach should report to the meet referee or meet director for warm-up instructions prior to the warm-up session. The swimmer will then be assigned to a coach on deck.

No cell phones or video cameras are allowed in locker rooms.

The areas on the pool deck behind the starting blocks are restricted for use by the athletes, coaches, officials, timers and other meet officials. Also, the area reserved for coaches is restricted for use by the athletes, coaches, officials, and other meet officials.

Age groups are as follows (girls and boys): 8 & Under; 9-10; 11-12; 13-14; 15-18.  
The swimmer's age on June 1, 2014 determines the age group for the swimmer.

## Timing:

Stopwatches and touch pads will be used. Participating teams will be responsible for providing a number of timers proportional to the number of swimmers each team enters.

- We will have hybrid timer groups. The lanes assigned to each team will be chosen by random drawing.
- Because touch pads are being used, only two timers per lane are required (one timer will need to push the plunger button and stop his/her watch at the end of each race).

## Events:

All events will be timed finals. Standard SMSC events will be offered, **with the exception of 6 & Under events**. The *Hy-Tek Team Manager* event file is available on the SMSC website.

**Entry Fees/Info:**

\$2.00 per individual event and \$4.00 per relay team.

Please make checks payable to: Southeast Missouri Swim Conference.

Entry fees should be forwarded directly to the SMSC Treasurer (Jordan Kuper, Head Coach, River City Aquatics).

**Entry Process:**

The SMSC will only accept entries via e-mail in *Team Manager* entry file.

1. Download the TM/MM event file available at <http://www.smscswim.com> in the meet calendar section.
2. Import this into *Team Manager*, and complete your team's entries.
3. Export an entry file and e-mail this file as an attachment to **Jason Cravens at [swimpst@gmail.com](mailto:swimpst@gmail.com)**

All teams entering the meet are responsible for sending an entry file that is compatible with *Meet Manager*. Parents should make any entry request, or change request via their team's coach and/or team's entry secretary. Call 314-719-6618 with questions or problems.

**Entry Times:**

Coaches should enter swimmers' times in short course yards format only. (If you have times in TM it will take care of this----if you make up a seed time make it a Y time)

- All entries must be accompanied by a seed time (which can be made up if absolutely necessary). Entries with a seed time of "NT" will not be accepted.

**Entry Limit:**

Swimmers are limited to 3 individual events and 2 relay events.

- Coaches may enter as many relay teams as they wish; but may designate only two relays per event as a "scoring relay." All other relays must be entered as exhibition (check the "EX" box on *Team Manager*).
- Relays may include no more than 2 "aged-up" swimmers, and no swimmer may be "aged-up" more than one age group.

**Entry Deadline:**

All entries must be received by **Sunday, July 13, 2014 @ 9:00pm**. It is very important to meet this deadline so that the meet can be pre-seeded and meet programs/heat sheets can be printed. Please include a series of phone numbers of persons who may be contacted in order to resolve any entries problems that may arise.

**Awards & Scoring:**

|                    |  |
|--------------------|--|
| Individual Events: | 1 <sup>st</sup> – 10 <sup>th</sup> medals, 11 <sup>th</sup> – 20 <sup>th</sup> ribbons |
| High Point:        | Trophies for each age group of boys and girls  |
| Relays:            | 1 <sup>st</sup> – 5 <sup>th</sup> medals, 6 <sup>th</sup> – 10 <sup>th</sup> ribbons   |
| Team:              | Plaques for Large and Small Divisions  |
| Individual Events: | 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1                                     |
| Relay Events:      | 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2                                |

Results will be posted and announced at the meet. Unofficial Results will be available on Meet Mobile. Final results will be posted on the SMSC website at [www.smscswim.com](http://www.smscswim.com)

**Websites:**

Official Meet Information: [www.smscswim.com](http://www.smscswim.com)

**Concessions, heat sheets and consignments will be sold at the meet by the River City Aquatics Team.**

## Schedule of Events

### Session 1 (8&under and 9-10 age groups)

**Warm-up:** 7:30am River City Aquatics, Jackson, Scott City, Perryville,  
Charleston, Sikeston  
7:50am Farmington, Kennett, Paducah, Poplar Bluff, Ste. Genevieve

**Meetings:** Coaches', Officials' and Timers' meetings will be held at 8:10am.

**Session 1 Start Time:** 8:30 a.m.

| <b>Girls Event #'s</b> | <b>Event Description</b>           | <b>Boy's Event #'s</b> |
|------------------------|------------------------------------|------------------------|
| 1                      | 8&under 100 Yard Medley Relay      | 2                      |
| 3                      | 9-10 100 Yard Medley Relay         | 4                      |
| 5                      | 8&under 25 Yard Freestyle          | 6                      |
| 7                      | 9-10 50 Yard Freestyle             | 8                      |
| 9                      | 8&under 25 Yard Backstroke         | 10                     |
| 11                     | 9-10 50 Yard Backstroke            | 12                     |
| 13                     | 8&under 25 Yard Breaststroke       | 14                     |
| 15                     | 9-10 50 Yard Breaststroke          | 16                     |
| 17                     | 8&under 25 Yard Butterfly          | 18                     |
| 19                     | 9-10 50 Yard Butterfly             | 20                     |
| 21                     | 8&under 50 Yard Freestyle          | 22                     |
| 23                     | 9-10 100 Yard Freestyle            | 24                     |
| 25                     | 8&under 100 Yard Individual Medley | 26                     |
| 27                     | 9-10 100 Yard Individual Medley    | 28                     |
| 29                     | 8&under 100 Yard Freestyle Relay   | 30                     |
| 31                     | 9-10 100 Yard Freestyle Relay      | 32                     |

## Session 2 (11-12, 13-14, and 15-18 age groups)

**Warm-up:** 1:00pm River City Aquatics, Jackson, Scott City, Perryville,  
Charleston, Sikeston  
1:20pm Farmington, Kennett, Paducah, Poplar Bluff, Ste. Genevieve

**Meetings:** Coaches', Officials' and Timers' meetings will be held at 1:40pm.

**Session 2 Start Time:** 2:00 pm

| Girls Event #'s | Event Description                | Boy's Event #'s |
|-----------------|----------------------------------|-----------------|
| 33              | 11-12 200 Yard Medley Relay      | 34              |
| 35              | 13-14 200 Yard Medley Relay      | 36              |
| 37              | 15-18 200 Yard Medley Relay      | 38              |
| 39              | 11-12 50 Yard Freestyle          | 40              |
| 41              | 13-14 100 Yard Freestyle         | 42              |
| 43              | 15-18 100 Yard Freestyle         | 44              |
| 45              | 11-12 50 Yard Backstroke         | 46              |
| 47              | 13-14 100 Yard Backstroke        | 48              |
| 49              | 15-18 100 Yard Backstroke        | 50              |
| 51              | 11-12 50 Yard Breaststroke       | 52              |
| 53              | 13-14 100 Yard Breaststroke      | 54              |
| 55              | 15-18 100 Yard Breaststroke      | 56              |
| 57              | 11-12 50 Yard Butterfly          | 58              |
| 59              | 13-14 100 Yard Butterfly         | 60              |
| 61              | 15-18 100 Yard Butterfly         | 62              |
| 63              | 11-12 100 Yard Freestyle         | 64              |
| 65              | 13-14 50 Yard Freestyle          | 66              |
| 67              | 15-18 50 Yard Freestyle          | 68              |
| 69              | 11-12 100 Yard Individual Medley | 70              |
| 71              | 13-14 200 Yard Individual Medley | 72              |
| 73              | 15-18 200 Yard Individual Medley | 74              |
| 75              | 11-12 200 Yard Freestyle Relay   | 76              |
| 77              | 13-14 200 Yard Freestyle Relay   | 78              |
| 79              | 15-18 200 Yard Freestyle Relay   | 80              |