

Southeast Missouri Swim Conference Championship Meet July 16, 2016

Hosted by the River City Aquatics Team
Central Municipal Pool
205 Caruthers, Cape Girardeau, MO 63701

Facility:

Cape Central Pool is 25 yards by 50 meters. It is equipped with a Colorado fully-automatic timing system with a horn start. Continuous warm-up/warm-down space is provided during the competition. Ten lanes (SCY) will be used for competition.

Directions:

From I-55/Exit 96/Route K: Head east off the exit (also known as William Street). After approximately 1.5 miles, turn left at Kingshighway and go north. Turn right at the next stoplight (Independence). Go approximately two blocks and turn left on Clark Street. After turning on Clark Street, the pool is off to the right. A map to the pool from I-55 is available at <http://tinyurl.com/centralpool>.

Eligibility:

Open to all AAU-registered swimmers of the SMSC Conference who have met the following requirements:

1. Swam in at least 3 SMSC meets during the 2016 summer schedule
- and** 2. Swam in at least 9 events (individual or relay) during the 2016 summer schedule

Contacts:

Meet Director:	Joe Bening	573-275-1625	jbening@rivercityaquatics.org
Entry Coordinator:	Jason Cravens	314-719-6618	jcravens@rivercityaquatics.org
Meet Referee:	Dan Rau	573-335-9300	saxonyswimcoach@hotmail.com
Officials Coordinator:	Dan Rau	573-335-9300	saxonyswimcoach@hotmail.com
Safety Marshall:	Joe Bening	573-275-1625	jbening@rivercityaquatics.org

Rules:

Current SMSC Swimming rules shall govern the meet. All swimmers who are not accompanied by an SMSC registered coach should report to the meet referee or meet director for warm-up instructions prior to the warm-up session. The swimmer will then be assigned to a coach on deck.

No cell phones or video cameras are allowed in locker rooms.

The areas on the pool deck behind the starting blocks are restricted for use by the athletes, coaches, officials, timers and other meet officials. Also, the area reserved for coaches is restricted for use by the athletes, coaches, officials, and other meet officials.

Age groups are as follows (girls and boys): 8 & Under; 9-10; 11-12; 13-14; 15-18.
The swimmer's age on June 1, 2016 determines the age group for the swimmer.

Timing:

Stopwatches and touch pads will be used. Participating teams will be responsible for providing a number of timers proportional to the number of swimmers each team enters.

- Because touch pads are being used, only two timers per lane are required (one timer will need to push the plunger button and stop his/her watch at the end of each race).

Events:

All events will be timed finals. Standard SMSC events will be offered, **with the exception of 6 & Under events**. The *Hy-Tek Team Manager* event file is available on the SMSC website.

Entry Fees/Info:

\$2.00 per individual event and \$4.00 per relay team.

Please make checks payable to: Southeast Missouri Swim Conference.

Entry fees should be delivered directly to the SMSC Treasurer Jason Cravens at the meet.

Entry Process:

The SMSC will only accept entries via e-mail in *Team Manager* entry file or Team Unify file compatible with the Hytek Meet Manager software used to run the meet database.

1. Download the TM/MM event file available at www.smscswim.org on the meet schedule page.
2. Import this into *Team Manager*, and complete your team's entries.
3. Export an entry file and e-mail this file as an attachment to Jason Cravens at jcravens@rivercityaquatics.org.

All teams entering the meet are responsible for sending an entry file that is compatible with *Meet Manager*.

Parents should make any entry request, or change request via their team's coach and/or team's entry secretary.

Call Jason Cravens at 314-719-6618 with questions or problems.

Entry Times:

Coaches should enter swimmers' times in short course yards format only. (If you have times in TM it will take care of this---if you make up a seed time make it a Y time)

- All entries must be accompanied by a seed time (which can be made up if absolutely necessary). Entries with a seed time of "NT" will not be accepted.

Entry Limit:

Swimmers are limited to 3 individual events and 2 relay events.

- Coaches may enter as many relay teams as they wish; but may designate only two relays per event as a "scoring relay." All other relays must be entered as exhibition (check the "EX" box on *Team Manager*).
- Relays may include no more than 2 "aged-up" swimmers, and no swimmer may be "aged-up" more than one age group.

Entry Deadline:

All entries must be received by **Sunday, July 10, 2016 @ 9:00pm**. It is very important to meet this deadline so that the meet can be pre-seeded and meet programs/heat sheets can be printed. Please include a contact phone number of a person who may be contacted in order to resolve any entries problems that may arise.

Awards & Scoring:

Individual Events: 1st – 10th medals, 11th – 20th ribbons

High Point: Trophies for each age group of boys and girls

Relays: 1st – 5th medals, 6th – 10th ribbons

Team: Plaques for Large and Small Divisions

Individual Events: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1

Relay Events: 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2

Results will be posted and announced at the meet. Unofficial Results will be available on Meet Mobile.

Final results will be posted on the SMSC website at www.smscswim.org.

Important Reminders:

- **The Bullpen will only be used for individual events.** Relays must report to the block and should be organized by team coaches or parent volunteers.
- There will be two bullpens provided this year (one for girls, one for boys). Pink/Blue cards will also be provided in the morning session to assist in getting the swimmers to their heats in a timely manner.
- Large teams should provide a volunteer(s) to assist the bullpen workers in organizing swimmers, especially with the session 1 kids (8&under, 9-10 age groups)
- Concessions, heat sheets and consignments will be sold at the meet by River City Aquatics

Schedule of Events

Session 1 (8&under and 9-10 Age Groups)

Warm-up: 7:30am River City Aquatics, Cape County Castaways, Scott City, Perryville, Charleston, Sikeston

7:55am Farmington, Kennett, Boothill Racers, Poplar Bluff, Ste. Genevieve

Meetings: Officials, and Timers' meetings will be held at 8:10am
Coach's meeting will be held at 8:25am

Session 1 Start Time: 8:45am

Girls Event #'s	Event Description	Boys Event #'s
1	8&under 100 Yard Medley Relay	2
3	9-10 100 Yard Medley Relay	4
5	8&under 25 Yard Freestyle	6
7	9-10 50 Yard Freestyle	8
9	8&under 25 Yard Backstroke	10
11	9-10 50 Yard Backstroke	12
13	8&under 25 Yard Breaststroke	14
15	9-10 50 Yard Breaststroke	16
17	8&under 25 Yard Butterfly	18
19	9-10 50 Yard Butterfly	20
21	8&under 50 Yard Freestyle	22
23	9-10 100 Yard Freestyle	24
25	8&under 100 Yard Individual Medley	26
27	9-10 100 Yard Individual Medley	28
29	8&under 100 Yard Freestyle Relay	30
31	9-10 100 Yard Freestyle Relay	32

Session 2 (11-12, 13-14, 15-18 Age Groups)

Warm-up: 1:15pm Cape County Castaways, Charleston, Perryville, River City
Aquatics, Scott City, Sikeston

1:40pm Farmington, Kennett, Boothill Racers, Poplar Bluff, Ste. Genevieve

Meetings: Officials, and Timers' meetings will be held at 2:00pm
Coaches meeting will be held at 2:10pm

Session 2 Start Time: 2:30pm

Girls Event #'s	Event Description	Boys Event #'s
33	11-12 200 Yard Medley Relay	34
35	13-14 200 Yard Medley Relay	36
37	15-18 200 Yard Medley Relay	38
39	11-12 50 Yard Freestyle	40
41	13-14 100 Yard Freestyle	42
43	15-18 100 Yard Freestyle	44
45	11-12 50 Yard Backstroke	46
47	13-14 100 Yard Backstroke	48
49	15-18 100 Yard Backstroke	50
51	11-12 50 Yard Breaststroke	52
53	13-14 100 Yard Breaststroke	54
55	15-18 100 Yard Breaststroke	56
57	11-12 50 Yard Butterfly	58
59	13-14 100 Yard Butterfly	60
61	15-18 100 Yard Butterfly	62
63	11-12 100 Yard Freestyle	64
65	13-14 50 Yard Freestyle	66
67	15-18 50 Yard Freestyle	68
69	11-12 100 Yard Individual Medley	70
71	13-14 200 Yard Individual Medley	72
73	15-18 200 Yard Individual Medley	74
75	11-12 200 Yard Freestyle Relay	76
77	13-14 200 Yard Freestyle Relay	78
79	15-18 200 Yard Freestyle Relay	80